

CAFE MENU

open 10–4pm. food served 10–3pm

ready to eat

cornish steak pasty	£ 4.75
butternut & feta pasty (v)	£ 4.45
sausage roll	£ 2.45

today's special

see our main menu surfboard, or ask staff for details.

sandwiches

prepared daily and ready to take away

cheddar cheese & ham	£ 5.45
tuna mayo, salad, & red onion	£ 5.25
cornish ham & salad	£ 5.25
red pepper & hummus (v, vg, df)	£ 4.95
prawn mayo	£ 6.50
crab (subject to availability)	£ 9.25

superfood salads

with red cabbage, butternut squash, celeriac, radish, broccoli, red onion, quinoa and homemade dressing

chicken & guacamole (df, gf)	£ 7.95
smoked salmon (df, gf)	£ 7.45
ham & branston pickle (df, gf)	£ 7.25
pepper & hummus (v, vg, df, gf)	£ 6.95

skinny fries

regular (v, vg, df, gf)	£ 2.75
large (v, vg, df, gf)	£ 4.25
cheesy fries (v, gf)	£ 5.45

cornish cream tea (v) £ 5.75

classic baked scone served with delicious cornish jam, clotted cream and english tea

hot drinks (12oz takeaway/10oz drink in)

espresso	£ 2.60
americano	£ 2.95
flat white (8oz/6oz)	£ 3.10
latte	£ 3.20
cappuccino	£ 3.20
mocha	£ 3.50
iced coffee	£ 3.50
chai latte	£ 3.25
tea	£ 2.00
speciality teas	£ 2.20
hot choc	£ 3.30
kid's hot choc (8oz/6oz)	£ 2.75
babyccino (8oz/6oz)	£ 1.00
+ cream / + m.mallows	.55p / .55p
syrups	.40p
alternative milk	.50p

smoothies (v, vg, df, gf), (14oz)

mango magic	£ 4.95
mango & strawberry	£ 4.95
tropical twist	£ 4.95
mango & pineapple	£ 4.95
berry burst	£ 5.45
strawberry, blueberry & raspberry	£ 5.45
blueberry bomb	£ 5.45
blueberry & pineapple	£ 5.45

breakfast

almond & raisin granola (v)	£ 4.50
greek yoghurt & cherry compote	£ 4.50
breakfast smoothie (v, vg, df, gf)	£ 5.75
banana, pineapple, mango, and flaxseed, with coconut milk	£ 5.75
add granola for 75p	
toast (v)	£ 3.25
two slices served with jam	£ 3.25

(v) vegetarian (vg) vegan (df) dairy free (gf) gluten free

all food is prepared in a kitchen where allergens are present
if you have a food allergy please speak to staff before ordering